

STAND UP FOR SRHR

Imagine a world where every young woman, adolescent girl, and community member has the knowledge, access, and freedom to make informed choices about their sexual and reproductive health and rights (SRHR).

This is the vision behind Stand Up for Sexual and Reproductive Health and Rights (Stand Up)—a 6.5-year initiative dedicated to empowering individuals especially adolescent girls and young women (AGYW) in select districts of Mozambique and Uganda.

Through this initiative, healthcare providers and facilities are equipped with the skills and resources they need to offer comprehensive sexual and reproductive health (SRH) services. IPPF Africa Region and its Member Associations—Reproductive Health Uganda (RHU) and Associação Moçambicana para o Desenvolvimento da Família (AMODEFA) in Mozambique—are working to ensure that adolescent girls and young women (ages 10-29), women over 30, and even men and boys can access the care and information they deserve.

“By strengthening healthcare systems and improving SRH education, Stand Up is not just delivering services—it’s creating lasting change for healthier, more informed communities.



In partnership with

Canada 

STAND UP AT A GLANCE



Duration

October 2021
to April 2028



Donor

Government of
Canada, via Global
Affairs Canada (GAC)



IPPF Budget

CAD 5,867,063



International Partners

- **Oxfam Canada** – Consortium Lead and Lead in overall project management, donor relations, and reporting. Country level oversight led by Oxfam in Uganda and Oxfam in Mozambique
- **IPPF Africa Region** - Lead support in SRHR service delivery
- **Guttmacher Institute** - Lead support in research

Who We Serve

Marginalized groups of adolescent girls and young women (AGYW) - Including LGBTQI+ groups in Mozambique, and internally displaced persons (IDPs) and refugees in Uganda)

Implementing IPPF Member Associations (MAs)



Reproductive
Health Uganda



AMODEFA

Our Focus Areas

Pillar 1:

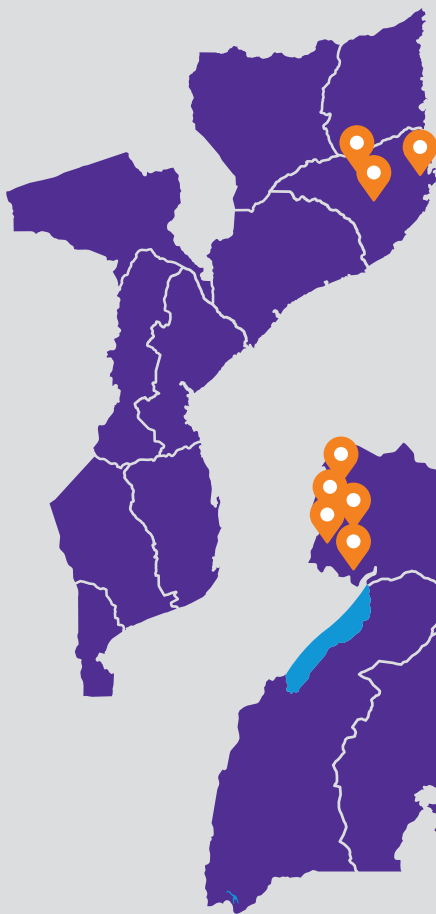
To increase equitable use of sexual and reproductive health (SRH) services by diverse groups of AGYW.

Pillar 2:

To improve provision of quality, gender-responsive, inclusive and accountable SRH services and information by health care providers for diverse groups of AGYW.

Pillar 3:

To improve the effectiveness of key stakeholders, particularly women's rights organizations (WROs), to advocate for evidence-based, accountable and equitable SRHR policies, legal frameworks and services.



Where We Work

◀ Mozambique

Northern coastal province of Nampula in **Nampula City**, **Nacala**, and **Mecuburi** districts.

Uganda

West Nile Northern districts in **Nebbi**, **Terego**, **Madi-Okollo**, and **Arua**, and Eastern Uganda districts in **Mayuge** and **Namayingo**.



Our Approach

At the heart of Stand Up is the Cluster Model—a strategic approach designed to strengthen local health systems and ensure that sexual and reproductive health (SRH) services are high-quality, comprehensive, and environmentally sustainable.

This model works by expanding access through multiple channels, including both public and private health facilities, mobile outreach programs targeting communities with the greatest need, and trained community health workers (CHWs) who bring essential care closer to people's doorsteps. By reaching every corner of the cluster's catchment areas, this approach ensures that no one is left behind when it comes to vital SRH services.

Our Challenges

Despite its progress, Stand Up faces significant challenges in both Mozambique and Uganda, which threaten access to sexual and reproductive health and rights (SRHR) services.

In Mozambique, ongoing conflict in Cabo Delgado has forced many people to flee their homes, seeking safety in neighboring districts like Nampula—one of the project's key implementation areas. This displacement puts additional pressure on local healthcare services, making it harder for people, especially women and young girls, to access the care they need.

In Uganda, the passage of the Anti-Homosexuality Act in 2023 has intensified discrimination against sexual and gender minorities. By denying LGBTQ+ individuals their fundamental rights and dignity, such laws create serious barriers to accessing SRHR services, putting their health and well-being at risk.

“Despite these challenges, Stand Up remains committed to ensuring that everyone—regardless of their circumstances—can exercise their right to quality SRHR services.”

Our Key Achievements

6

Service provision clusters established.

321

Health professionals trained on how to respond to incidents of sexual and gender-based violence (SGBV).

563

Health service providers trained to provide contraceptives to young people including provision of LARC; and about 61% of clients they served were youths.

456

Health professionals sensitized on delivery of youth-friendly, non-discriminatory SRH services.

638,115

Visits for SRH services by female where more than 75% are adolescent girls and young women (AGYW).



***Period – from inception to March 31, 2025.

Other Stand Up Implementing Partners

COUNTRY

LOCAL PARTNER ORGANIZATIONS

CONTACT



Uganda

Center for Health, Human Rights and Development (CEHURD)

Femme Forte Uganda (Femme Forte)

Makerere University School of Public Health (MakSPH)

info@cehurd.org

info@femmeforteug.org

communications@musph.ac.ug



Mozambique

Associação Lambda (Lambda)

Associação Moçambicana da Mulher e Apoio a Rapariga (OPHENTA)

Centro de Pesquisa em População e Saúde (CEPSA)

lambda@lambda.org.mz

info@ophenta.org.mz

cepsa@cepsamoz.org



Canada

Action Canada for Sexual Health and Rights (Action Canada)

info@actioncanadaSRH.org



In partnership with

Canada