

MAGAZINE

The journal of Youth Action Mouvement

Family planning

My sexuality, My right, My life

Positive masculinity

My voice counts

No to unwanted pregnancies

Comprehensive sexual education

One contraception, one choice

No to GBV

Ask for my consent

The YAM committed to sexual rights advocacy in Africa



A youth publication made possible with the support of the IPPF Africa Region and its Member Association



IPPF International Planned Parenthood Federation
Africa Region





Come Together

IPPF Strategy 2028

Come Together

We are a global federation. We are 120 independent organisations and a secretariat. We **come together** for sexual and reproductive health and rights – providing care and promoting human rights. As organisations and individuals, we are committed to the health of our countries and populations. In small island states and across continents, our work has meaning and impact. Our outreach and clinics are embedded in the communities we come from and the societies where we live. That matters. It is at the heart of the difference we make.

The world we live in is changing and fast. New generations are born and grow up in a world of cyber technologies, mass communication and innovation. Some gains are made, some rights for some are realised. But the world is complex, and gains are fragile. We see and feel, and millions live with, the devastating impacts of humanitarian crises, COVID, climate change, macho politics and structural injustice. Not in the future. Right now. Wealth gaps are growing, within and between already deeply unequal societies. Sexual and reproductive rights are under attack: the rights of women; LGBTQ+ rights. And the impacts are real – felt by billions of people.

Action is urgent. Action at scale and with purpose. In our 70-year history, IPPF has been brave and sometimes angry.¹ We have delivered. We have stood for justice and equality. **In this new era,** we commit to more daring and feminist action that secures choices about our bodies, sexual lives, and well-being. Everyone should enjoy a pleasure-filled and healthy sex life **and** a life free from violence, shame or criminalisation. We know love is love. And we come together in support of women, youth, and people who are marginalised and excluded. **Through the care we deliver, the actions we take, and the solidarity we foster.**

And we do not stand alone. Our work is deeply intertwined with the struggles for human rights, climate survival, social justice and equality. This is why our federation will **come together** with sectors and actors, to transform the communities and countries we live in. For the better. To help shape the new world that is being formed. It is our commitment.

¹ Sultters, Beryl, "Be Brave and Angry: Chronicles of the International Planned Parenthood Federation" (IPPF, 1973).

Come Together

Quality SRHR for Everyone, Everywhere, Breaking Barriers

IPPF is a global Federation of SRHR organisations.

We are radically committed to social and gender justice.

We provide care and promote choice.

Center Care on People

Move the Sexuality Agenda

Solidarity for Change

Nurture our Federation

Expand Choice

Ground Advocacy

Support Social Movements

Chart our Identity

Widen Access

Shift Norms

Build Strategic Partnerships

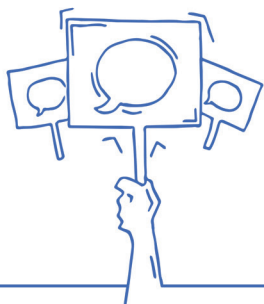
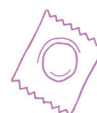
Grow our Federation

Advance Digital & Self Care

Act with Youth

Innovate & Share Knowledge

Walk the Talk



Summary

Editorial

“YA”, the vow of youth and commitment.....	P.1
The World Youth Forum concluded with 7 recommendations for a real commitment.....	P.2
Historical overview of the YAM.....	P.2
Abortion in Mozambique, the fight continues.....	P.3
A paying commitment for the ABPF and the YAM.....	P.4
Kenya in 3-D youth engagement mode.....	P.5
AU and IPPF join forces for the continent’s youth.....	P.6
YAM Congo wants to take advantage of the Mouébara law.....	P.8
YAM Congo Members at work.....	P.8
YAM Togo supports the government.....	P.9
Kampala in favor of sexual rights and opposed to GBV.....	P.9
YAM MALI multiplies the initiatives.....	P.10
The coronation of the PPAG.....	P.10
“NenanaBinti”, the secure line to talk about sexuality.....	P.11
YENKASA: Ghana frees the floor on sexuality.....	P.12
An application at the service of sexual and reproductive health.....	P.11
Uganda: a radio station dedicated to sexual and reproductive health.....	P.14
Advocacy to take control of our rights.....	P.15
Joyce AYONG: The young Cameroonian member of the IPPF General Assembly.....	P.16
In pictures, Claudia Lawson, member of YAM Ghana at the European Week of Action for Girls in Brussels.....	P.16

Project Coordination Team:

Bienheureux NKOUNKOU
Felmy ITIMBOU
Jovial NGABIE

Editor in chief :

Passi BIBENE

Editorial team:

ABU HUSEEIN
BITSY Onécia
BOUAKA Yawo Jean-Pierre
CHINHAME Juvêncio Al-fredo
MOUYIDI SAÏRA GUMAEL
Hayathe AYEVA
KOUSSOU MBOUSSI Christian
LANGA Angéline
NGO MAA Julienne Lucresse
MAGDALENE Dorto
Ritah Anindo Obonyo
VODOUNHESSI Amour Dieu-Donné



Editorial

« YA », the vow of youth and commitment

In order to complete the year 2022, the youths of the YAM have set themselves the goal of producing a magazine called “YA” magazine. By creating it, young people from French, Portuguese and English-speaking Africa wanted to assert themselves through their various actions. “YA” Magazine is a new formula for the commitment of young Africans to sexual and reproductive health. It is also a way of presenting what young people are doing. “YA” is not just short for Youth Action Movement. “YA” is also a way of saying “Yes we work, yes we can. A way of proclaiming loudly that the YAM is doing, the YAM is working.

With the new year just around the corner and the determination to work for the well-being of Africa, particularly on the future of African youth, a team of young people from the YAM chose to write about a socio-community action that is often far from the spotlight of the traditional media.

For this first edition, young people from the different countries of YAM have given an overview of what they are doing and have already been able to do and aspire to do. The opportunity is also suitable for calling on leaders,

all personalities, politicians of course but also from the economic, medical, sporting and cultural world. The opportunity to ask for explanations, to better understand the decisions that bind us all, also to acknowledge good work or good deeds, when this is the case. This occasional forum will also provide an opportunity to discuss the various issues that concern young people and all African countries. All the countries are not at the same level. And not all the young people will be of the same opinion, but they will have the opportunity to defend their point of view and collectively bring their stone to the building as well as their arguments to try to convince. They will succeed sometimes and also get irritated sometimes though. But, the most important thing: they will be able to make themselves heard in a free and respectful space.

Youths, more than any other category, suffer from clichés related to delinquency, and is also experiencing a very complicated decade. Between the economic crisis that started in 2008, mass unemployment, social insecurity and now a double health crisis (STI, HIV/AIDS and Covid 19) that prevents everything. And in many areas, youth

is sometimes “hope”, sometimes “challenges” to be met. And yet, our young people are standing. Mobilized to reduce STIs, HIV/AIDS, gender-based violence and move things forward on sexual rights, sexual and reproductive health education for all, etc. At the limit of their means, with their convictions and the prism of their youth movement. Isn’t that a lot already? So, in all humility and because the function of a periodical is to inform society, we trust all the young people involved and thank all those who accompany us in this heavy but life-saving task.

With this in mind, the commemoration of this new edition of World Human Rights Day comes at the right time. It is an opportunity to remind world leaders in general and Africa in particular to keep their promises for youth actions in line with the Sustainable Development Goals and development programs in Africa.

This is no longer a time for promises or long speeches but for concrete and impactful actions.

Hayathe AYEVA



The World Youth Forum has concluded with 7 recommendations for a real commitment

IPPF young people from all regions of the world made seven recommendations to reaffirm the need to ensure youth participation in decision-making bodies and to develop new approaches for meaningful youth engagement within the Federation, especially in Member Associations. This was at their World Forum in Bogota, Colombia on 21 November 2022.

We, the World Youth Forum delegates, recommend to the General Assembly to :

- 1 Make a clear commitment to the implementation of a meaningful IPPF strategy for young people, including concrete targets to measure improvements by including marginalized groups.
- 2 Ensure the direct involvement of young people in the process of IPPF brand change, local and global strategies of digital communication and education, such as Comprehensive Sexuality Education.
- 3 Ensure that IPPF prioritises core funding for the six regional networks and programmes, independently of other MAs.
- 4 Co-create and engage in learning programmes to strengthen our governance capacities and strategies within the structures.
- 5 Co-create and engage in a regional and/or global platform where young people can share and connect, both within MAs and regional youth networks.
- 6 Ensure that MAs in each country are safer and more secure areas where the participation of all young people is accepted and encouraged.
- 7 Create a mentoring programme at global and national level to enable intergenerational growth and sustainable development of the Federation.

Bienheureux Elvic NKOUNKOU

Aperçu historique du Mouvement d'Action des Jeunes (MAJ)



Now operational in more than 35 countries across Africa, the YAM, which is made up of young people aged 10 to 24, was created in 2004 by decision of the IPPF Africa Regional Council (IPPFRA). It was officially launched in Nairobi on 5 July 2005 at the first IPPFRA Regional Youth Forum.

The YAM's vision is a world free of discrimination, where everyone has the freedom to decide about their sexuality

and well-being. It sets out to create a model of youth participation that enables young people to: advocate; be heard; become active and equal partners in resource allocation and governance decisions at the level of their local, regional and sub-regional levels and in decision-making related to governance.

Onécia BITSY

Abortion in Mozambique, the fight continues

Despite the adoption of the abortion law in 2014, termination of pregnancy remains a taboo subject in Mozambique. On a daily basis, the YAM young people fight against false beliefs and for access to safe abortions.

In schools, associative movements and other environments frequented by young people, YAM Mozambique members are raising awareness about the advantages of safe abortion.

The aim of this hard work is to show that the law on abortion in Mozambique is about saving lives, not the other way around.

Awareness campaigns carried out by YAM members are also opportunities to advocate for the creation of legal mechanisms to ensure that girls have the opportunity to make the best choice for their motherhood.

Thanks to the advocacy developed by the YAM in collaboration with government entities, in 2017 the Ministry of Health approved clinical and legal guidelines to implement new abortion legislation.

Mozambique's abortion law allows women to have legal abortions on request during the first 12 weeks of pregnancy. Abortions must be performed in officially designated facilities by qualified practitioners.

Despite this, knowledge of abortion law and access to safe abortion services results in many women and girls being denied safe abortion.

The report of the Interagency Group on Maternal Mortality Estimation indicates that 6.7% of maternal deaths are due to abortion-related complications. The prevalence of this problem has direct consequences for the reproductive health and rights of women and girls.

LANGA Angéline



Amendment of the law on abortion in Benin

A paying commitment for the ABPF and the YAM



Family photo of YAM, ABPF and Beninese parliamentarians

In October 2021, the National Assembly of Benin unanimously adopted the amendment to Law No. 2003-04 of March 3, 2003 relating to Sexual and Reproductive Health in the Republic of Benin. The conditions of access to abortion in this country were reviewed and expanded. Thanks to the action of the Beninese Association for the Promotion of the Family (ABPF) with the involvement and participation of YAM-BENIN members.

An “intensive advocacy”. It is in these terms that the Beninese Association for the Promotion of the Family (ABPF) and the YAM-BENIN summarizes their contribution in favor of the modification of the law on abortion. However, the action of this civil society organization did a little more than that.

Indeed, before the amendment of the law, YAM youth and other members of the ABPF have played an important role in social change through sensitizations and community dialogues. These sensitizations were extended to parliamentarians as well as some civil servants working in the ministries in charge of health and youth.

Other structures associated during training or awareness workshops are the National College of Obstetricians Gynecologists, the Parliamentary Group

on Population and Development, which carried out field missions to listen to the population.

All these initiatives have finally borne fruit and made it possible to change the Law on sexual and reproductive health in Benin. From now on, the Beninese woman can request an abortion service when the pregnancy is likely to aggravate or cause material, educational, professional or moral distress incompatible with the interests of the woman and/or the unborn child.

This progress has placed Benin among the countries with a progressive law on Sexual and Reproductive Rights. There now remains the issuing of an implementing decree for the new law and the clarification of values to counter the strong religious and social opposition.



VODOUNHESSI Amour Dieu-Donné

Kenya in 3D youth commitment mode



RHNK YPP during community outreach distributing condoms

The The Kenya Reproductive Health Network (RHNK) uses mentoring and partnership to ensure young people's commitment to health and well-being.

The vulnerability of adolescents and young people in terms of sexual and reproductive health is not only due to physiological and behavioral factors. Other complex social and developmental factors aligned with their life cycle development are key contributors. It is therefore essential that programmes focus on their development needs, including mentoring for sustainability and better outcomes. In RHNK, the programmes on adolescents and youth are guided by a 3-year youth strategy. The youth strategy outlines different levels of engagement with young people, including mentorship, partnership and multiplication. This ensures that young people voices, leadership and expertise are integrated into the organization and that equal decision-making space is provided.

The mentorship pillar of the Kenya Reproductive Health Network is rooted on the recognition of young advocates, young volunteers, peer educators and other young people involved in

youth programs are part of the youth population served. Having a transition plan and adopting peer support promotes social support, positive role modelling and has the potential to produce a knock-on effect in creating resources for young people.

As part of the mentoring pillar, the young people trained have the responsibility to ensure that they reach many other young people with the knowledge and skills acquired during the various training sessions. Within the network, they are also encouraged to hold the hands of future young advocates and provide them with individual support on SRHR and advocacy issues. In these engagements, partnership is seen as a key pillar parallel to the programming of the ARJS. The adolescent and youth organization within the Reproductive Health Network Kenya consists of young advocates and volunteers at the lower level, followed by the youth committee members.

Young advocates are made up of various groups of young people trained to provide sexual and reproductive health information and referrals in their respective

communities. They also take on advocacy roles at the grassroots, county and national levels.

The annual adolescent and youth scientific conference organized by RHNK has continuously provided leadership opportunities for young people in the RHNK network, trainings on abstract writing, networking and mentoring; they also get a platform to generate and disseminate evidence related to sexual and reproductive health and rights.



Ritah Anindo Obonyo

AU and IPPF join forces for the continent's youth

Through training, advocacy for more involvement in youth organizations and collaboration with YAMs, AU and IPPF are working to create the conditions for the advancement of African youth.

According to the vision of the African Union, young people are the future leaders of the continent.

Also, the protection and promotion of their dignity and rights must be a priority in international, regional and national policies and frameworks.

Their sexual and reproductive health and rights (SRHR) are a crucial part of their lives, whether they are sexually active or not. It is therefore crucial to recognize the important role that young people can play in the effective delivery of SRHR in Africa. They are best placed to express their needs, their realities and define their problems as well as innovative solutions to address them. Article 11 of the African Youth Charter outlines the commitments of States to ensure the participation of young people in all aspects of society, including parliamentary decision-making bodies, and to develop and support mechanisms for youth participation at all levels of decision-making and participation in decisions that affect them ; including those concerning their health and well-being.

The youth policy imperative

Young people are subject to dynamics of power that influence their meaningful participation in decision-making, based on their age, sexual orientation, socio-economic status and ethnicity, which also help to shape their identify. It is therefore imperative to

strengthen their capacity to contribute meaningfully to policy-making processes at national, regional and global levels. Through the joint AU/ IPPF project, IPPF has ensured continuous and fruitful discussions with members of the Youth Advisory Board (YAB), members of Youth Action Movement (YAM) and youth networks, involving them in the various activities and processes within the African Union Commission (AUC). IPPF, in collaboration with its YAM members, strives to advance African Union policies and frameworks that enhance access to sexual and reproductive health and rights (SRHR) and comprehensive sex education. This is done through discussions with policy makers and young people and between AUC board and young affiliate members of IPPF.

More than 25,000 young people mobilized

Through the joint AU/IPPF project, young members have been included in different conversational platforms on issues such as health and well-being, gender and youth engagement in different key international moments such as International Youth Day, International Day of the Girl Child and African Youth Day. More than 25,000 young people have been engaged so far through joint AU-IPPF activities, campaigns, conversations, events and trainings.

Held on October 8, 2021 under the theme: "Digital generation, not without girls", the Egumeni



session, for example, facilitated an exchange between youth advocates and leaders on ending harmful practices and highlighting the role of young people in taking concrete action to build Africa. It was an opportunity for duty bearers working to end traditional harmful practices to exchange information on ongoing initiatives and share lessons learned on ending harmful practices.

IPPF and AU join forces to strengthen youth engagement

In collaboration with the Youth Division of the Women, Gender and Youth Directorate (WGYD) of the African Union Commission (AUC), IPPF led two (2) social media campaigns to strengthen youth engagement in advocacy initiatives aimed at promote sexual and reproductive health rights and gender equality.

The sexual health campaign was conducted from 3 to 10 September 2021. It aimed to sensitize African youth on continental frameworks/policies sexual health, including online sexual harassment/exploitation. In addition, the campaign helped expand young people's knowledge of the correlation between Human Papillomavirus (HPV), Human Immunodeficiency Virus (HIV) and cervical cancer by unpacking the Global Strategy to Eliminate Cervical Cancer and by sparking conversations among young Africans about the importance of their sexual health and wellbeing.

Under the AU/IPPF project, IPPF provided technical and financial support to the AUC to launch the continental campaign on youth mental health #HowRUFeeling. The campaign aimed to capitalize on the following 3 "A" – Awareness, Attitudes and Actions to sensitize and inform young Africans about the mental health and mobilize public support to change the statu



quo around mental health in Africa while normalizing mental health conversations on the continent. The IPPF Africa Regional Office, through its joint project with the African Union Commission, facilitated advocacy skills training and experience sharing sessions on advocacy, comprehensive sexuality education (CSE) and Sexual and Reproductive Health and Rights (SRHR) between YAB and young IPPF members networks in Togo, Ghana, Ethiopia, Morocco, Zambia and Burundi. The training was also an opportunity to highlight youth initiatives in Africa that have used technological and innovative solutions to promote SRHR and sexuality education. The training sessions provided useful information from specific countries to enhance active and meaningful participation in SRHR policy development and future opportunities to replicate these models at the national level

Youth advocates call for provide more opportunities

Youth advocates call for the end to offer more learning opportunities and

programs to build and contribute to the development of advocates for young people on SRHR, and create a sustainable exchange platform to strengthen advocacy work at national and regional levels.

In line with the joint AU/IPPF project, five (5) youth-led initiatives from 5 African countries (Algeria, Democratic Republic of Congo, Eswatini, Ghana, Zambia) will be technically and financially supported. The support aims to provide the necessary resources to develop and implement the National Acceleration Strategy (CAS) initiative on health and well-being, particularly on the sexual and reproductive health and rights of adolescents and young people (AYSRHR) as part of the AUC/IPPF Packard project. Young people will lead their national projects to be implemented, supporting their respective Member States to develop and advance their national SRHR policies and frameworks.

Ritah Anindo Obonyo

YAM Congo wants to take advantage of the Mouébara law

Through the voice of its national focal point Bienheureux NKOUKOU, the Youth Action Movement intends to take advantage of the MOUEBARA law n°19-2022 of May 4, 2022, on the fight against violence against women in the Republic of Congo in order to amplify the advocacy on sexual rights. Interview.

What connection do you make between the law Mouébara and sexual rights?

It should be noted that in a certain way, the law aims at the well-being of women and girls. As such, it is in line with our action focused on sexual and reproductive health and social well-being.

How do you intend to take advantage of this law at YAM?

The YAM has always fought for sexual and reproductive health rights. This law supports our actions. As a result, the YAM will take advantage of the latter to make women's voices heard and to advocate for the inclusion of comprehensive sexuality education in the education system in Congo. And it is already important for young people to

become aware, for example, of Articles 6, 17 and 21 of Title I of that Law, which deal respectively with sexual violence, School and academic violence and sexual assaults that affect them in relation to sexual rights

How does the adoption of this law interests actors working for SRH such as the YAM?

One of the achievements of every actor working in the social field is to be heard by the different governments around the world. The adoption of this law is of interest to actors like the YAM because it shows the consideration that our government gives to CSOs and reassures us that all these situations that we continue to claim are taken into account



CHINHAME Juvêncio Al-fredo

YAM Congo members at work



View of participants at one of the awareness sessions

Members of the Youth Action Movement (YAM) Congo have done the groundwork to promote contraception and raise awareness about HIV/AIDS.

These were on the occasion of World AIDS (December 1) and contraception (September 27) days. In the streets and avenues of Brazzaville, under the patronage of the ACBEF (Association Congolaise pour le Bien-Être Familial), one could recognize YAM young people talking about HIV/AIDS and contraceptive methods to their peers.

According to Grace Bakissi, "These days promote contraceptive methods and

appropriate behaviors for a healthy sexuality, which has no impact on young people's health and education".

As part of these commemorations, Peer educators from YAM Congo raised awareness among 3,000 people on the dangers of HIV/AIDS. Wherever they went, these young volunteers encouraged their peers to go to screening centres, in this case the ACBEF clinic, for anonymous and voluntary screening to fight against sero-ignorance.

KOUSSOU MBOUSSI Christian

Right to sexual and reproductive health and family planning

YAM Togo supports the government

On November 2, 2022, the Director of Cabinet of the Minister in charge of Health, Mrs. Eugénie AKAPKO Midamégbé, officially announced the implementation of new FP2030 commitments and the celebration of World Contraception Day. It was with the ATBEF Youth Action Movement which played the role of facilitator through National President Hayathe AYÉVA.



Through its National President, YAM TOGO has developed the terms of reference for the various meetings of the coordination team. The latter was responsible for Working towards the revision of the old

commitments made by TOGO. Speaking on behalf of the young people, the National President of the YAM TOGO presented the new commitments that the young people would like to see applied implemented in

the country. During this activity, the YAM also had the important task of presenting Comprehensive Sexuality Education, its issues and importance.

Y. Jean-Pierre BOUAKA

Kampala in favor of sexual rights and opposed to GBV

In Uganda, a four-year program called "2gether 4 SRHR" aims to improve sexual and reproductive health and rights in the country. The World Health Organization (WHO) and its partners support the government in its initiatives to combat gender-based violence and provide better access to health services and assistance to survivors of abuse or violence.

The SRHR is being implemented in eight districts in Uganda to help the government to

create an enabling legal and policy environment that allows people to exercise their sexual and reproductive rights and access quality integrated services to address sexual and reproductive health, HIV and gender-based violence.

For its part, the WHO advocated for the inclusion of male participation in the regional agenda for reproductive and child health, and in the treatment of gender-based violence issues.

The men's groups set up in each of the program's eight target districts aim to increase the participation of men and boys in activities related to the health and nutrition of women, mothers, newborns, children and adolescents, gender-based violence and violence against women, and sexual and reproductive health and rights.

ABU HUSEEIN



Early motherhood

YAM MALI multiplies initiatives

Awareness-raising among household helpers, online training for young people, caravan on the Niger River and web TV, members of the YAM in Mali are trying everything to reduce the impact of early sexual intercourse among teenage girls.

According to the demographic survey in Mali, more than a third of adolescent girls aged 15-19 (36%) have already started their reproductive life, 30% are already mothers. In view of all these indicators several innovative activities are being carried out.

These activities include the sensitization of housewives, to increase their access to information and services on reproductive health and family planning. In Bamako, this activity is done at night and three times a week.

The online training for adolescents focuses on sexual rights and reproductive health.

These are thematic sessions on Comprehensive Sexuality Education via WhatsApp and Facebook on a weekly basis. 15 WhatsApp groups have been created for this purpose due to 30 participants per group. Each module is led by a reproductive health specialist in order to convey the right information on the topics under discussion.

To date, more than 280 young Malians have benefited from this E-training via social networks. YAM-Mali's strategic interventions are not limited to the field and online. On a regular basis, YAM-Mali members travel by boat on the Niger River to inform passengers and residents in hard-to-reach areas about sexual and reproductive health rights. During each trip, beneficiaries are educated about sexual health, family planning and HIV/AIDS. Already, the SRH caravan on Niger River raised awareness among



2,000 people and distributed 14,000 condoms. 300 people benefited from the family planning services offer.

All these activities are relayed on YAM Mali's Youtube channel (<https://youtu.be/X44CHB5IC9Q>) dedicated to content on the adolescents and young people reproductive health.

Souleymane MAIGA

The coronation of the PPAG

The Planned Parenthood Association of Ghana (PPAG) has been recognized as a Center of Excellence by IPPF.

The secret of this honorary award lies in the uninterrupted service of this IPPF Member Association in providing SRHR information and services to young and vulnerable people in Ghana.

This high recognition means that PPAG has exclusive programming expertise and knowledge around youth actions,

education and service delivery on SRHR that can benefit other civil society organizations wishing to equally be recognized as centers of excellence.

E-mail: coe@ppag-gh.org
Website: www.centersofexcellence.nets

MAGDALENE Dorto



Innovations

“NenanaBinti”, the secure line to talk about sexuality

In Kenya, young people have a hotline to discuss all subjects related to sex education.

“NenanaBinti” is a free helpline available 24/7 which allows adolescents and young people in their diversity to be able to express themselves freely; seek sexual and reproductive health counseling and support and be referred to trained health care providers and facilities for services and commodities.

NenaNaBinti is a friendly, non-judgmental sexual health hotline run by trained health counsellors. The hotline offers sexual health education by SMS, or

awareness of telemedicine, referral, sexual health through digital platforms and client follow-up. It uses a psychosocial model combined with community engagement.

This hotline is supported by trained youth members of RHNK who are key reference points in their communities, NenaNaBinti social media accounts, community-based organizations and other non-governmental organizations who refer clients to the hotline.

Once a customer has been referred, trained counselors are responsible for providing support and service as needed, either by call, SMS or

whatsapp chat. It is also through the toll-free number that customers are connected and referred to the RHNK provider network for other services as needed.

The hotline provides a safe space for girls, young people and women to access life-saving SRHR information and services wherever they are, including from home.

NenaNaBinti was set up in response to the increase in cases of sexual and gender-based violence during the lockdown imposed due to the COVID-19 pandemic.

Sandra Mahoo Jessica





YENKASA Ghana frees the floor on sexuality

Members of the Ghana Youth Action Movement have developed a new space dedicated to marginalized and vulnerable groups to freely access SRHR information and services.

Yenkasa (Let's talk about it) is the name of the digital contact center through which all people can communicate regardless of their age, sex, sexual orientation, race, origin, religion or belief, marital status, physical or mental state, with sexual health specialists, trained peer educators or even counselors or service providers on sexual and reproductive health and rights (SRHR) issues. Topics of discussion range from abortion, family planning, contraceptives, sexual and gender-based violence (SGBV) and many other SRH issues. contraceptives, sexual and gender-based violence (SGBV) and many other SRH issues.

To date, Yenkasa allows more than four interactions per day which proves that many young people are reached. Users express themselves freely and confidently without fear of accusatory stares. A good number of SGBV cases were reported through the contact center and appropriate referrals were made to PPAG affiliated clinics and hospitals and other Support Unit to victims and social protection.

For more information: WhatsApp Yenkasa on 0245118228 or call Yenkasa on the free line 0800202010 and ask all about your sexual and reproductive health and rights.

Facebook | Instagram | Twitter | YouTube | WhatsApp | yenkasa_gh

TRENDING

NEWS

SEO

FEEDSM

PASTI

Welcome to
Yenkasa
help you can trust!

The trusted source for sexual and reproductive health counselling, information and services for Young People

toll free **0800202010** WhatsApp Only **0245118228**

We await your Call!

MAGDALENE Dorto

YAM TOGO

An application at the service of sexual and reproductive health

Bénéficiez des services conviviaux en santé sexuelle et reproductive PAR TELECONSULTATION

via **InfoAdoJeunes**

DISPONIBLE SUR **Google Play**

Application mobile par excellence en Santé Sexuelle et de la Reproduction

TELECHARGE GRATUITEMENT l'Application sur ton smartphone

DISPONIBLE SUR **Google Play**

Government of Canada / Gouvernement du Canada

IPPF International Planned Parenthood Federation Africa Regional Office

Renseignements

22 51 06 78



Atbef-Ippf



www.atbftogo.org

The Youth Action Movement (YAM) of TOGO launched with the support of the Association Togolaise pour le Bien Être Familial (ATBEF) the application "InfoAdoJeune" and the learning site on sexual and reproductive health "elearningatbef.org".

"InfoAdoJeune" is an Android application available on Google Play Store. It also works offline and is one means of popularizing information on sexual and reproductive health and family planning.

The application is composed of eight navigation tabs: Teleconsultation, ESC Lesson, Menstrual cycle, Contraception, Discussion forum, Web TV, Games and quizzes and the Green Line tab where users can ask questions to be answered by an expert.

The design of the application is part of the second phase of the project "Youth Connect" 2018, an initiative led by the young people of the IPPFRA aimed at

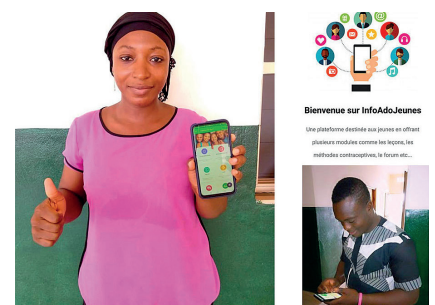
filling the gaps of the year 2017 on the said project.

Today, to support the services offered by the application, the ATBEF is launching, with the contribution of the YAM, a free training site on Complete Sex Education. After each course module, the participant is subjected to a knowledge test.

He/She has the possibility of obtaining a certification at the end of the 14 modules contained in the training after having scored at least 50% of the points at the end of all tests.

The application aims to allow the YAM to ensure the visibility of its activities and those of the ATBEF on the Internet

and to help young people access information on SRHR and Family Planning (FP).



BOUAKA Yawo Jean-Pierre



CHANGE
NEED
empower you™

Uganda: a radio station dedicated to sexual and reproductive health

For the past two years, the YAM young people in Uganda have been hosting a thematic web radio.

Radio SRH was created in 2021 by members of YAM. And it was on April 1 that the first broadcast took place. Entirely dedicated to raising awareness on sex education, this radio station is hosted by peer educators from various backgrounds. These are generally young people trained in SRH. It's the

case of its director, Abu Hussein. For the latter, Radio SRH is "a medium for young people and by young people". The objective of this thematic or educational radio is to offer young people in Africa and elsewhere quality information on sexuality, sexually transmitted infections as well as healthy entertainment.

The application of this webradio is downloadable from Google play store. Connection to this radio is also possible through other applications such as Radio Garden and Streema.

ABU HUSEEIN

Advocacy

Advocacy to take charge of our rights

Regardless of country of residence, young Africans have the right to choose where, when, how and with whom to engage sexually.

One of the reasons for the commitment of the YAM members consist, among other things, in helping to understand that the time when a girl was given in marriage or a woman was imposed on a boy is now behind us. Of course, there are cultures that resist time. But should we continue to infantilize youth? Should we continue to ignore the opinions of young people and flout their rights? There are still many African countries where a girl cannot choose a contraceptive method because she does not have parental permission. Teenage girls who are denied a secure termination of pregnancy are given over to clandestine abortion at the risk and peril of their lives. In several African countries, men and women face discrimination and stigmatisation because of their sexual orientation.

In Africa, many girls are still victims of forced marriages, forced or early motherhood, sexual violence (rape, incest, sexual touching, sexual exploitation, embezzlement of minors). The consequences of these scourges are considerable and not only favor the feminization of the HIV pandemic, the low rate of schooling and literacy of young girls, but they seriously hinder the empowerment or emancipation of girls as well as the gender equality.

The lack of control over their bodies and their lives accentuates inequalities among many young Africans. To defend the human dignity of these young people, the YAM challenges political decision-makers on the need for sexual and reproductive rights for all. In other words, it is a call for comprehensive sex education for all.

On decisions that fall under the right to decide whether or not to have children and when, governments and religious denominations should no longer fail to provide the information and services to which their citizens are entitled.



Le choix ouvre sur un monde de possibilités

Déclaration des droits sexuels de l'IPPF



The persistence of institutional restrictions and dogmatic inertia show that there is a lot to be done. However, our hope as YAM is that if each young person joins us,

governments will need to take action to protect people's right to decide about their bodies and their lives.

MOUYIDI Saira Gumael

Portrait

JOYCE AYONG

The young Cameroonian is a member of the IPPF Board of Directors at 25. She sits on the IPPF Board of Directors. A place that reflects her journey.



Rosa Ayong Tchongang holds a degree in Business Administration and Management from the University of Yaoundé in 2020 and has been an advisor and representative of the Youth Action Movement on the National Executive Board of the National Association for Family Welfare of Cameroon since 2013.

Her drive, determination, willingness to learn and ability to lead have lifted her high. In 2021, she was appointed as a member of the IPPF Anti-Racism Subgroup by the President of the Board of Directors. Long before, it was in 2017 that she was elected second (2nd) youth representative / advisor to the National Executive Office. Her dedication and commitment earned her in 2020 to be selected as a member of the Board of

Directors of the IPPF Central Office. Since then, she has participated in meetings and works to improve the actions of IPPF member associations and especially the defense of sexual and reproductive health rights.

Among the skills required for the Board of Directors, Rosa can highlight her knowledge of the networking and youth action, experience in advocacy and working with government, as well as peer-to-peer service delivery. To motivate herself, Joyce likes to draw inspiration from a quote from writer Joshua J. MARINE: "Challenges make life interesting, overcoming them gives it meaning".

NGO MAA Julienne Lucesse

In pictures, Claudia Lawson, member of YAM Ghana at the European Week of Action for Girls in Brussels.





IPPF International
Planned Parenthood
Federation

Africa Region

REGIONAL OFFICE :

Headquarters : 5e étage Bloc C, Merchant Square, Riverside drive - Nairobi, République du Kenya

Contact : infoar@ippf.org Phone : +254 204 90 90 00

Regional Director : Marie-Evelyne Petrus-Barry

Unite, build the future

MEMBER ASSOCIATION OFFICES



A.M : Association Congolaise pour le Bien-Être Familial (ACBEF)

Headquarters : 49, Base Avenue _ Batignolles -Moungali, Brazzaville - Republic of Congo

Contact : acbef@yahoo.fr - acbef.contact@gmail.com Phone :

National President : Pr Yvonne Valerie Yolande VOUMBO MATOUMONA



A.M : Associação Moçambicana para Desenvolvimento da Família (AMODEFA)

Headquarters : 376 Tanzania Avenue, Maputo, 1100 - Republic of Mozambique

Contact : informe@amodefa.org.mz Phone :

National President : M. Marciano MUBAI



A.M : Association Béninoise pour la Promotion de la Famille (ABPF)

Headquarters : AHOSSI building, square 1471, VEDOKO - Box : 1486 - Cotonou, Republic of Benin

Contact : abpf@abpf.org Phone : +229 91 53 25 25

National President : Mme Judith MAFFON GBEHINTO



A.M : Planned Parenthood Association of Ghana (PPAG)

Headquarters : P.O. BOX 5756, Accra - North, Republic of Ghana

Contact : info@ppag-gh.org Phone : (233-302) 310369, 310454

National President : Pr Gideon Leckey Leckson



A.M : Association Togolaise pour le Bien-Être Familial (ATBEF)

Headquarters : 623, Binah Street, Tokoin-Gbonvie district Box : 4056

Contact : atbef@siegeatbeftogo.org Phone : +228 22 23 30 00 / 2 21 41 93

National President : Mme TABIOU Ninko Epse SONHAYA



A.M : Reproductive Health Uganda (RHU)

Headquarters : P O Box 10746 Kampala, Plot 2 Katago Road - Tufnell Drive, Off Kira road Kamwokya, Kampala

Contact : rhu@rhu.or.ug Phone : +256 (0) 312-207100, (0)414 540658

National President : Hon. Victoria Businge Rusoke



A.M : Cameroon National Association for Family Welfare (CAMNAFAW)

Headquarters : Ceper Street - Yaoundé, Republic of Cameroon

Contact : camnafaw@yahoo.fr Phone : +237 6 96 64 01 03

National President : Mr Gaston Komba

Youth Action Mouvement



Join the action, protect the future